

North Toronto Skating Club – COVID-19 Protocols Version 1.0

The following COVID-19 protocols will be utilized at the North Toronto Skating Club (NTSC). These protocols were drafted from the Skate Ontario Return to Play Protocols Version 4.1 dated August 19, 2020. Any updates to these protocols will be made as required or based on new information from Skate Ontario.

If a skater becomes unwell with symptoms of COVID-19:

- The skater must immediately stop participation in club activities
- The skater's coach will then isolate the skater from all others in the North Toronto Memorial Arena lobby, or outside (weather permitting) and the skater will wear a non-medical face mask
- The coach will utilize the Session Participant tracking sheets (housed in the time-keepers area of the penalty box) to contact the parent/guardian of the skater informing them that the skater is displaying symptoms, needs to be picked up and will remain with the skater until the parent/guardian arrives
- The coach will also instruct the parent/guardian to follow public health guidelines regarding self-isolation and testing
- North Toronto Memorial Arena staff will be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- The coach will also inform Dawn Drummond-Hill of the COVID-19 Oversight Group, of the situation
- The COVID-19 Oversight Group will then contact the skater or parent/guardian to determine if next steps are being taken regarding testing

If a coach becomes unwell with symptoms of COVID-19:

- The coach must immediately stop participation in club activities
- The coach will inform Dawn Drummond-Hill of the COVID-19 Oversight Group
- North Toronto Memorial Arena staff will be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- The COVID-19 Oversight Group will then contact the skaters or parents/guardians of those who received group lessons from the coach in the previous 48 hours to determine if next steps are being taken regarding testing
- The coach is responsible for contacting any skaters they provided private lessons to in the previous 48 hours to inform them of the situation

If an individual (skater or coach) is tested for COVID-19:

- Any individual that is part of the NTSC that has been tested for COVID-19 due to symptoms or possible exposure, must not participate in club or skating school activities while waiting for the results of the test
- **The individual or parent/guardian will email the Club Administrator at: northtorontoskatingclub@gmail.com with the subject line: COVID-19 TEST PENDING to let the COVID-19 Oversight Group know that the individual is being tested and waiting for results**
- Skaters/coaches with close contact to the individual being tested will receive an email about the possible exposure
- If sessions are cancelled due to close contact skaters and coaches will be notified by email
- All those with exposure should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals

Return to NTSC activities following illness:

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- If no test was performed, the individual may only return to the NTSC activities once they are symptom free for a minimum of 24 hours
- If the COVID-19 test was negative, the individual may only return to the NTSC activities once they are symptom free for a minimum of 24 hours and have informed the Club Administrator at northtorontoskatingclub@gmail.com with the subject line: **COVID-19 TEST NEGATIVE** to let the COVID-19 Oversight Group know of the results

If an individual tests positive for COVID-19:

- The individual or parent/guardian will email the Club Administrator at: northtorontoskatingclub@gmail.com with the subject line: **COVID-19 TEST RESULTS** to let the COVID-19 Oversight Group know that the individual has received a positive test
- The COVID-19 Oversight Group will work with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other NTSC members who may have been in close contact with the individual
- Any NTSC members who were in close contact with the individual should not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- The COVID-19 Oversight Group will inform all club members of a positive COVID-19 result within the club setting
- The NTSC will inform and work with North Toronto Memorial Arena in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The NTSC Oversight Group will inform Skate Ontario of a positive COVID-19 diagnosis by e-mailing clubsupportservices@skateontario.org

Return to NTSC activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

Modification/restriction/postponing or canceling of NTSC activities

- Based on the evolving COVID-19 pandemic, the NTSC is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities
- Club members will be informed as soon as possible of any modifications/restrictions or cancelations
- The NTSC will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials