

North Toronto Skating Club

North Toronto Memorial Arena
174 Orchard View Blvd, Toronto, ON, M4R 1C3
northtorontoskating.com

2020/21 Programs Overview October 1, 2020

Figure Skating Sep 08, 2020 to May 20, 2021
Learn to Skate Sep 25, 2020 to May 20, 2021
Adult 18+ (Fall & Spring Sessions)..... Sep 28, 2020 to May 20, 2021 (Min 12 skaters)
Off-Ice..... Currently Unavailable

PROGRAM INFORMATION & QUALIFICATIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Learn to Skate Age 3 - 7 with Parent Parent & Tot 30 minute session Beginner to CanSkate Stage 2 taught by Skate Canada coaches with games & fun activities! <i>Child MUST be accompanied by a skating adult who can assist the child during the lesson</i>			4:30 - 5:00 pm		
Learn to Skate Age 6 - 9 CanSkate B 60 minute session CanSkate Stage 2 - 6 taught in groups of up to 10 skaters 15 minute safe entry/warmup with a Skate Canada Coach 30 minute lesson with a Skate Canada coach 15 minute cool down/safe exit with a Skate Canada coach Must have passed Stage 1. Skaters new to the program must be able to get up by themselves. Younger skaters who have passed Stage 1 and can manage a 1 hour session on their own can register for this program.		6:10 - 7:10 pm		5:00 - 6:00 pm	5:15 - 6:15 pm 6:15 - 7:15 pm
Learn to Skate Age 10 - 17 IntroSkate 60 minute session Starts October 1 CanSkate Stage 2 - 6 taught in groups of up to 10 skaters 05 minute safe entry 45 minute group lesson with a Skate Canada coach 10 minute practice time/safe exit Skaters new to the program must be able to get up by themselves.				6:10 - 7:10 pm	4:15 - 5:15 pm
Figure Skating STAR 1 Passed CanSkate 6 10 minute safe entry/exit 30 minute group lesson with a Skate Canada coach 20 minute practice time (Private coaching recommended)		5:10 - 6:10 pm		6:10 - 7:10 pm	4:15 - 5:15 pm
Figure Skating STAR 2 Completed STAR 1 10 minute safe entry/exit 15 minute stroking with a Skate Canada coach 15 minute group lesson with a Skate Canada coach 20 minute practice time (Private coaching recommended)	5:10 - 6:10 pm	5:10 - 6:10 pm		6:10 - 7:10 pm	4:15 - 5:15 pm
Figure Skating STARSkate Intermediate Completed any 2 of STAR 2 Free Skate (Solo and Elements) STAR 2 Skills STAR 3 Dance (A and B)	7:00 - 8:15 am				7:00 - 8:15 am
	5:10 - 6:10pm	7:20 - 8:20 pm	5:10 - 6:10 pm	7:20 - 8:20 pm	
Figure Skating STARSkate Senior Completed any 2 of STAR 4 Free Skate (Solo and Elements) STAR 5 Skills STAR 5 Dance (A and B) Double sessions are not available.	7:00 - 8:15 am			3:10 - 4:00 pm	7:00 - 8:15 am
	4:00 - 5:00 pm	4:00 - 5:00 pm		4:00 - 5:00 pm	
		7:20 - 8:20 pm	6:20 - 7:20 pm	8:30 - 9:30 pm	
Figure Skating STARSkate Advanced Completed any 2 of STAR 5 Free Skate (Solo and Elements) STAR 8 Skills STAR 8 Dance Double sessions are not available.	7:00 - 8:15 am			3:10 - 4:00 pm	7:00 - 8:15 am
	4:00 - 5:00 pm	4:00 - 5:00 pm		4:00 - 5:00 pm	
		8:30 - 9:30 pm	6:20 - 7:20 pm	8:30 - 9:30 pm	
Adult 18+ AdultSkate 60 minutes Spring classes ONLY run with 12 or more skaters Beginner to advanced skaters Work at your own pace with group lessons taught by Skate Canada coaches	12:40 - 1:40 pm Max 18 skaters Fall Full Pre-Register for Spring			10:15 - 11:15 am Max 18 skaters Fall CANCELLED Pre-Register for Spring	
Off-Ice Dance Class Level 2 Completed Level 1 or previous dance experience	All Off-Ice Programs will be run online				
Off-Ice Dance Class Level 1 Ballet for Beginners	Dates & Times to be Announced				
Off-Ice Fitness Class All Figure Skating Levels					
Off-Ice Jump Class STAR 1 / STAR 2 / STARSkate Intermediate					
Off-Ice Jump Class STARSkate Senior and STARSkate Advanced					